

# SPORTS PHYSICALS

## For All School Activities



Houston Methodist continues to safely provide care for all of our patients in the most appropriate setting possible. We are offering sports physicals at the following dates and locations:

**April 5: Wheeler Fieldhouse**

16325 Lexington Blvd.  
Sugar Land, TX 77479  
5-8 p.m.

**April 19: Ridge Point  
High School**

500 Waters Lake Blvd.  
Missouri City, TX 77459  
3-6 p.m.

**April 26: Bush High School**

6706 FM 1464  
Richmond, TX 77407  
3-6 p.m.

**May 3: Hopson Fieldhouse**

3335 Hurricane Ln.  
Missouri City, TX 77459  
5-8 p.m.

**May 10: Austin High School**

3434 Pheasant Creek Dr.  
Sugar Land, TX 77498  
5-8 p.m.

**July 29: Houston Methodist  
Orthopedics & Sports Medicine**

16811 Southwest Fwy.  
Sugar Land, TX 77479  
9 a.m. – Noon

**Aug. 10: Hopson Fieldhouse**

3335 Hurricane Ln.  
Missouri City, TX 77459  
6-8 p.m.

**Cost: \$20 (cash only)**

For more information, please call **281.634.1914**.

### DON'T FORGET:

- Wear light, comfortable clothing
- Bring glasses or wear contacts, if you have corrected vision
- Please bring your school physical form with medical history completed
- Please bring signed physical consent form

Please go to [houstonmethodist.org/athlete](https://houstonmethodist.org/athlete) to access these forms online.

HOUSTON  
**Methodist**<sup>®</sup>  
ORTHOPEDICS &  
SPORTS MEDICINE

16811 Southwest Fwy.  
Sugar Land, TX 77479  
281.275.0447

032023



Please Print in Box

School: \_\_\_\_\_

Student Name: \_\_\_\_\_

**Confirmation of Understanding of Limited Scope and Purpose of the  
 Extra-Curricular/Co-Curricular Pre-Participation Physical Exams**

I, \_\_\_\_\_, (Print Parent/Legal Guardian Name) am aware that my child/ward, \_\_\_\_\_ (Print Child's Name), will attend an event providing pre-participation physical exams for student athletes at \_\_\_\_\_ on \_\_\_\_\_, \_\_\_\_\_, 20\_\_\_\_ ("the event"). The event is sponsored and provided by Houston Methodist ("Houston Methodist") for the sole purpose of clearing students for participation in extra-curricular/co-curricular programs. The screening physical exam will be performed by volunteer healthcare providers. By signing this form, I am confirming I understand and agree to the following:

- **I consent to the extra-curricular/co-curricular physical exam for the above-named child.**
- This is **NOT** a comprehensive physical exam and should not take the place of routine medical care; I understand that this is a **screening physical for clearance for participation in extra-curricular/co-curricular activities ONLY;**
- Any patient-physician relationship created during the event will terminate immediately upon completion of the screening physical;
- I understand that my child may need additional testing before/he can be cleared for participation in athletic activities and it is my sole responsibility to obtain such additional testing or medical care: I understand that if it is determined that my child needs additional medical treatment; I will be notified of any such recommendation. I understand that a limited number of non-invasive tests may be available and performed at the event for my convenience; **I consent to any and all additional non-invasive testing as deemed necessary by the screening physician during the event without notification to me prior to the testing;** and
- I consent to the release of the results of my child's physical screening exam to his or her school (including a coach, athletic trainer, teacher or administrator) present at the event. This consent is valid for 180 days and I understand that I may revoke this consent at any time. I understand that the information released may not be protected under the law once it is disclosed and may be subject to re-disclosure by the Recipient.

\_\_\_\_\_  
 Parent/Guardian's Signature

\_\_\_\_\_  
 Date

**RELEASE FROM LIABILITY AND INDEMNIFICATION**

I hereby release, waive, discharge and covenant not to sue Houston Methodist and its subsidiaries, officers, directors, trustees, employees, agents and affiliated companies from any and all liability, claims, demands, actions and causes of action whatsoever arising out of or related to any loss, damage, or injury, including death, that may be caused by or related to my child's participation or presence at the extra-curricular/co-curricular Physical Examination Event.

I acknowledge that I have read and understand the foregoing Release and that my signature below acknowledges the statements made in the Release.

\_\_\_\_\_  
 Parent/Guardian's Signature

\_\_\_\_\_  
 Date

I would like to stay connected with Houston Methodist on upcoming events, health tips and newsletters.

Please Print

Parent Name: \_\_\_\_\_

Parent Email Address: \_\_\_\_\_

Parent Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_